

**ISU Junior World Cup Speed Skating
2009/2010 (European regionale vent)
Kardinge Ice Stadium, Groningen, the Netherlands**

November 21 – 22, 2009

Program.

Wednesday November 18 09.00 – 10.30 hours: training

Thursday November 19 09.00 – 10.30 hours: training

**Friday November 20 09.00 – 10.30 hours: training (Trial starts)
16.30 hours: technical meeting
18.00 hours: teamleader meeting (Viproom 1 Ice Stadium)
19.00 hours: drawing (Viproom 1 Ice Stadium)**

**Saturday November 21 09.00 – 09.45 hours: training
10.25 hours: Opening Ceremony
10.30 hours: 500 m Ladies(1)
500 m Men (1)
1000 m Ladies
Prize Giving Ceremony
1500 m Men
Prize Giving Ceremony
3000 m Ladies (quartet starts)
Prize Giving Ceremony**

**Sunday November 22 09.00 – 09.45 hours: training
10.30 hours: 500 m Men (2)
Prize Giving Ceremony
500 m Ladies (2)
Prize Giving Ceremony
1000 m Men
Prize Giving Ceremony
1500 m Ladies
Prize Giving Ceremony
3000 m Men (quartet starts)**

**ISU Representative: Jan Marmstal Swe
Referee Men: Jan Bolt, Ned
Assistant Referee Men: Karl Skoog, Swe
Referee Ladies: Joost Bergsma, NED
Assistent Referee Ladies: Karl Skoog, Swe**

**Starter Men: Sebastian Zamani, Swe
Starter Ladies: André de Vries, Ned.**