

7 - Resultaat in paren - Dames 5000 meter

Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
1	I	7	Janneke Ensing	AS	7:29.84	
	O	15	Yvonne Nauta	HV	7:31.47	
			Janneke Ensing	Yvonne Nauta		
1.		200m	21.24 (21.2)	1.	200m	20.82 (20.8)
2.		600m	55.74 (34.5)	2.	600m	55.18 (34.3)
3.		1000m	1:30.50 (34.7)	3.	1000m	1:31.06 (35.8)
4.		1400m	2:05.90 (35.4)	4.	1400m	2:06.91 (35.8)
5.		1800m	2:41.25 (35.3)	5.	1800m	2:42.99 (36.0)
6.		2200m	3:16.86 (35.6)	6.	2200m	3:18.81 (35.8)
7.		2600m	3:52.40 (35.5)	7.	2600m	3:54.70 (35.8)
8.		3000m	4:27.90 (35.5)	8.	3000m	4:30.75 (36.0)
9.		3400m	5:03.65 (35.7)	9.	3400m	5:06.95 (36.2)
10.		3800m	5:39.86 (36.2)	10.	3800m	5:43.05 (36.1)
11.		4200m	6:16.25 (36.3)	11.	4200m	6:19.13 (36.0)
12.		4600m	6:52.93 (36.6)	12.	4600m	6:55.22 (36.0)
13.		5000m	7:29.84 (36.9)	13.	5000m	7:31.47 (36.2)
2	I	23	Linda de Vries	HV	7:37.93	
	O	29	Cindy Vergeer	UT	7:40.24	PB
			Linda de Vries	Cindy Vergeer		
1.		200m	21.33 (21.3)	1.	200m	21.77 (21.7)
2.		600m	57.09 (35.7)	2.	600m	57.38 (35.6)
3.		1000m	1:32.50 (35.4)	3.	1000m	1:33.22 (35.8)
4.		1400m	2:08.12 (35.6)	4.	1400m	2:09.29 (36.0)
5.		1800m	2:43.64 (35.5)	5.	1800m	2:45.42 (36.1)
6.		2200m	3:19.43 (35.7)	6.	2200m	3:21.67 (36.2)
7.		2600m	3:55.29 (35.8)	7.	2600m	3:58.27 (36.6)
8.		3000m	4:31.48 (36.1)	8.	3000m	4:34.90 (36.6)
9.		3400m	5:08.15 (36.6)	9.	3400m	5:11.97 (37.0)
10.		3800m	5:45.06 (36.9)	10.	3800m	5:48.77 (36.8)
11.		4200m	6:22.23 (37.1)	11.	4200m	6:25.74 (36.9)
12.		4600m	7:00.16 (37.9)	12.	4600m	7:02.92 (37.1)
13.		5000m	7:37.93 (37.7)	13.	5000m	7:40.24 (37.3)

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Rit	I/O	Dln	Deelnemer	Baan	Tijd	Info
3	I	9	Marije Joling	AS	7:28.71	PB
	O	4	Linda Bouwens	DH	7:34.84	
			Marije Joling	Linda Bouwens		
1.		200m	20.54 (20.5)	1.	200m	21.13 (21.1)
2.		600m	55.13 (34.5)	2.	600m	55.76 (34.6)
3.		1000m	1:31.50 (36.3)	3.	1000m	1:31.29 (35.5)
4.		1400m	2:07.81 (36.3)	4.	1400m	2:07.00 (35.7)
5.		1800m	2:43.29 (35.4)	5.	1800m	2:42.75 (35.7)
6.		2200m	3:18.61 (35.3)	6.	2200m	3:17.94 (35.1)
7.		2600m	3:54.27 (35.6)	7.	2600m	3:53.93 (35.9)
8.		3000m	4:30.33 (36.0)	8.	3000m	4:29.72 (35.7)
9.		3400m	5:06.60 (36.2)	9.	3400m	5:06.35 (36.6)
10.		3800m	5:42.71 (36.1)	10.	3800m	5:42.91 (36.5)
11.		4200m	6:18.14 (35.4)	11.	4200m	6:19.76 (36.8)
12.		4600m	6:53.46 (35.3)	12.	4600m	6:57.10 (37.3)
13.		5000m	7:28.71 (35.2)	13.	5000m	7:34.84 (37.7)
4	I	13	Marrit Leenstra	HV	7:38.35	
	O	12	Ingeborg Kroon	HV	7:44.30	
			Marrit Leenstra	Ingeborg Kroon		
1.		200m	20.36 (20.3)	1.	200m	21.20 (21.2)
2.		600m	54.52 (34.1)	2.	600m	55.72 (34.5)
3.		1000m	1:29.53 (35.0)	3.	1000m	1:32.00 (36.2)
4.		1400m	2:04.69 (35.1)	4.	1400m	2:08.58 (36.5)
5.		1800m	2:40.40 (35.7)	5.	1800m	2:45.38 (36.8)
6.		2200m	3:16.49 (36.0)	6.	2200m	3:22.12 (36.7)
7.		2600m	3:53.20 (36.7)	7.	2600m	3:59.12 (37.0)
8.		3000m	4:29.95 (36.7)	8.	3000m	4:36.36 (37.2)
9.		3400m	5:06.48 (36.5)	9.	3400m	5:13.54 (37.1)
10.		3800m	5:43.38 (36.9)	10.	3800m	5:51.14 (37.6)
11.		4200m	6:20.92 (37.5)	11.	4200m	6:29.39 (38.2)
12.		4600m	6:59.22 (38.3)	12.	4600m	7:07.15 (37.7)
13.		5000m	7:38.35 (39.1)	13.	5000m	7:44.30 (37.1)

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5	I	21	Jorien Voorhuis	EN	7:20.61	
	O	22	Elma de Vries	AS	7:20.55	
			Jorien Voorhuis			Elma de Vries
1.		200m	20.94 (20.9)	1.	200m	20.87 (20.8)
2.		600m	55.37 (34.4)	2.	600m	55.22 (34.3)
3.		1000m	1:30.42 (35.0)	3.	1000m	1:30.37 (35.1)
4.		1400m	2:06.04 (35.6)	4.	1400m	2:05.47 (35.1)
5.		1800m	2:41.24 (35.2)	5.	1800m	2:40.84 (35.3)
6.		2200m	3:16.54 (35.3)	6.	2200m	3:15.98 (35.1)
7.		2600m	3:51.63 (35.0)	7.	2600m	3:51.52 (35.5)
8.		3000m	4:27.11 (35.4)	8.	3000m	4:26.78 (35.2)
9.		3400m	5:02.46 (35.3)	9.	3400m	5:02.19 (35.4)
10.		3800m	5:37.33 (34.8)	10.	3800m	5:36.76 (34.5)
11.		4200m	6:11.96 (34.6)	11.	4200m	6:11.64 (34.8)
12.		4600m	6:46.60 (34.6)	12.	4600m	6:46.30 (34.6)
13.		5000m	7:20.61 (34.0)	13.	5000m	7:20.55 (34.2)