

16 - Resultaat in paren - Heren Junioren A 5000 meter

Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
1	I	23	Arnoud Stoppels	GR	7:03.34	PB
	O	17	Ingo Roelofsen	HV	7:00.10	
			Arnoud Stoppels	Ingo Roelofsen		
1.		200m	20.06 (20.0)	1.	200m	20.42 (20.4)
2.		600m	53.20 (33.1)	2.	600m	52.99 (32.5)
3.		1000m	1:26.01 (32.8)	3.	1000m	1:26.27 (33.2)
4.		1400m	1:59.36 (33.3)	4.	1400m	1:59.12 (32.8)
5.		1800m	2:32.36 (33.0)	5.	1800m	2:32.54 (33.4)
6.		2200m	3:05.76 (33.4)	6.	2200m	3:05.50 (32.9)
7.		2600m	3:39.19 (33.4)	7.	2600m	3:39.09 (33.5)
8.		3000m	4:13.19 (34.0)	8.	3000m	4:12.46 (33.3)
9.		3400m	4:47.64 (34.4)	9.	3400m	4:46.29 (33.8)
10.		3800m	5:21.93 (34.2)	10.	3800m	5:20.01 (33.7)
11.		4200m	5:56.44 (34.5)	11.	4200m	5:53.36 (33.3)
12.		4600m	6:29.94 (33.5)	12.	4600m	6:26.56 (33.2)
13.		5000m	7:03.34 (33.4)	13.	5000m	7:00.10 (33.5)
2	I	27	Pepijn vdr Vinne	AS	7:09.14	PB
	O	16	Demian Roelofs	EN	7:05.33	
			Pepijn vdr Vinne	Demian Roelofs		
1.		200m	19.96 (19.9)	1.	200m	19.44 (19.4)
2.		600m	52.22 (32.2)	2.	600m	51.44 (32.0)
3.		1000m	1:25.60 (33.3)	3.	1000m	1:24.37 (32.9)
4.		1400m	1:58.35 (32.7)	4.	1400m	1:57.34 (32.9)
5.		1800m	2:31.51 (33.1)	5.	1800m	2:30.55 (33.2)
6.		2200m	3:05.38 (33.8)	6.	2200m	3:04.34 (33.7)
7.		2600m	3:39.24 (33.8)	7.	2600m	3:38.30 (33.9)
8.		3000m	4:12.93 (33.6)	8.	3000m	4:12.13 (33.8)
9.		3400m	4:47.19 (34.2)	9.	3400m	4:46.33 (34.2)
10.		3800m	5:22.22 (35.0)	10.	3800m	5:21.05 (34.7)
11.		4200m	5:57.84 (35.6)	11.	4200m	5:55.91 (34.8)
12.		4600m	6:33.62 (35.7)	12.	4600m	6:30.67 (34.7)
13.		5000m	7:09.14 (35.5)	13.	5000m	7:05.33 (34.6)

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Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
3	I	29	Jos de Vos	EV	6:52.54	PB
	O	20	Simon Schouten	HN	6:58.42	
			Jos de Vos			
1.		200m	19.32 (19.3)	1.	200m	19.64 (19.6)
2.		600m	51.36 (32.0)	2.	600m	51.33 (31.6)
3.		1000m	1:23.11 (31.7)	3.	1000m	1:23.39 (32.0)
4.		1400m	1:55.61 (32.5)	4.	1400m	1:55.49 (32.1)
5.		1800m	2:27.55 (31.9)	5.	1800m	2:28.05 (32.5)
6.		2200m	3:00.37 (32.8)	6.	2200m	3:00.75 (32.7)
7.		2600m	3:32.89 (32.5)	7.	2600m	3:33.25 (32.5)
8.		3000m	4:05.76 (32.8)	8.	3000m	4:06.41 (33.1)
9.		3400m	4:38.81 (33.0)	9.	3400m	4:40.10 (33.6)
10.		3800m	5:11.85 (33.0)	10.	3800m	5:14.47 (34.3)
11.		4200m	5:45.24 (33.3)	11.	4200m	5:49.07 (34.6)
12.		4600m	6:18.96 (33.7)	12.	4600m	6:23.93 (34.8)
13.		5000m	6:52.54 (33.5)	13.	5000m	6:58.42 (34.4)
4	I	1	Lucas van Alphen	UT	6:55.44	
	O	13	Joep Pennartz	UT	7:05.99	
			Lucas van Alphen			
1.		200m	19.86 (19.8)	1.	200m	19.45 (19.4)
2.		600m	52.73 (32.8)	2.	600m	52.18 (32.7)
3.		1000m	1:25.04 (32.3)	3.	1000m	1:25.10 (32.9)
4.		1400m	1:58.02 (32.9)	4.	1400m	1:57.98 (32.8)
5.		1800m	2:30.67 (32.6)	5.	1800m	2:31.01 (33.0)
6.		2200m	3:03.69 (33.0)	6.	2200m	3:03.84 (32.8)
7.		2600m	3:36.51 (32.8)	7.	2600m	3:36.87 (33.0)
8.		3000m	4:09.49 (32.9)	8.	3000m	4:10.45 (33.5)
9.		3400m	4:42.76 (33.2)	9.	3400m	4:44.41 (33.9)
10.		3800m	5:15.93 (33.1)	10.	3800m	5:19.07 (34.6)
11.		4200m	5:49.16 (33.2)	11.	4200m	5:54.33 (35.2)
12.		4600m	6:22.28 (33.1)	12.	4600m	6:29.73 (35.4)
13.		5000m	6:55.44 (33.1)	13.	5000m	7:05.99 (36.2)

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Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
5	I	3	Thom van Beek	DH	6:51.19	
	O	30	Maurice Vriend	HN	6:51.02	
			Thom van Beek	Maurice Vriend		
1.		200m	20.02 (20.0)	1.	200m	20.49 (20.4)
2.		600m	52.41 (32.3)	2.	600m	52.32 (31.8)
3.		1000m	1:24.51 (32.1)	3.	1000m	1:24.14 (31.8)
4.		1400m	1:56.83 (32.3)	4.	1400m	1:55.70 (31.5)
5.		1800m	2:29.20 (32.3)	5.	1800m	2:27.53 (31.8)
6.		2200m	3:01.72 (32.5)	6.	2200m	2:59.99 (32.4)
7.		2600m	3:34.52 (32.8)	7.	2600m	3:32.56 (32.5)
8.		3000m	4:07.40 (32.8)	8.	3000m	4:05.24 (32.6)
9.		3400m	4:40.37 (32.9)	9.	3400m	4:38.50 (33.2)
10.		3800m	5:13.24 (32.8)	10.	3800m	5:11.53 (33.0)
11.		4200m	5:46.26 (33.0)	11.	4200m	5:44.74 (33.2)
12.		4600m	6:18.86 (32.6)	12.	4600m	6:18.14 (33.4)
13.		5000m	6:51.19 (32.3)	13.	5000m	6:51.02 (32.8)
6	I	26	Koen Verweij	AL	6:43.40	TRA
	O	8	Frank Hermans	DH	6:48.44	
			Koen Verweij	Frank Hermans		
1.		200m	19.22 (19.2)	1.	200m	19.19 (19.1)
2.		600m	51.12 (31.9)	2.	600m	50.22 (31.0)
3.		1000m	1:23.17 (32.0)	3.	1000m	1:21.86 (31.6)
4.		1400m	1:55.18 (32.0)	4.	1400m	1:53.37 (31.5)
5.		1800m	2:26.78 (31.6)	5.	1800m	2:25.21 (31.8)
6.		2200m	2:58.53 (31.7)	6.	2200m	2:57.20 (31.9)
7.		2600m	3:30.70 (32.1)	7.	2600m	3:29.37 (32.1)
8.		3000m	4:02.61 (31.9)	8.	3000m	4:01.81 (32.4)
9.		3400m	4:34.67 (32.0)	9.	3400m	4:34.46 (32.6)
10.		3800m	5:06.67 (32.0)	10.	3800m	5:07.60 (33.1)
11.		4200m	5:38.87 (32.2)	11.	4200m	5:40.77 (33.1)
12.		4600m	6:11.13 (32.2)	12.	4600m	6:14.57 (33.8)
13.		5000m	6:43.40 (32.2)	13.	5000m	6:48.44 (33.8)