

## 15 - Resultaat in paren - Dames Junioren A 3000 meter

Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
1	I	4	<b>Michelle Bodijn</b>	DH	<b>4:31.77</b>	
	O	24	<b>Paulien Westerhof</b>	DV	<b>4:44.93</b>	
			<b>Michelle Bodijn</b>	<b>Paulien Westerhof</b>		
1.		200m	20.92 (20.9)	1.	200m	21.58 (21.5)
2.		600m	54.87 (33.9)	2.	600m	56.17 (34.5)
3.		1000m	1:29.50 (34.6)	3.	1000m	1:32.32 (36.1)
4.		1400m	2:05.18 (35.6)	4.	1400m	2:09.22 (36.9)
5.		1800m	2:41.13 (35.9)	5.	1800m	2:47.14 (37.9)
6.		2200m	3:17.26 (36.1)	6.	2200m	3:25.66 (38.5)
7.		2600m	3:54.07 (36.8)	7.	2600m	4:04.98 (39.3)
8.		3000m	4:31.77 (37.7)	8.	3000m	4:44.93 (39.9)
2	I	23	<b>Manouk van Tol</b>	HA	<b>4:37.78</b>	
	O	2	<b>Eline Bennis</b>	DH	<b>4:46.45</b>	
			<b>Manouk van Tol</b>	<b>Eline Bennis</b>		
1.		200m	21.15 (21.1)	1.	200m	21.23 (21.2)
2.		600m	55.52 (34.3)	2.	600m	55.34 (34.1)
3.		1000m	1:30.99 (35.4)	3.	1000m	1:32.59 (37.2)
4.		1400m	2:07.65 (36.6)	4.	1400m	2:11.43 (38.8)
5.		1800m	2:44.34 (36.6)	5.	1800m	2:50.64 (39.2)
6.		2200m	3:21.39 (37.0)	6.	2200m	3:29.70 (39.0)
7.		2600m	3:58.73 (37.3)	7.	2600m	4:07.95 (38.2)
8.		3000m	4:37.78 (39.0)	8.	3000m	4:46.45 (38.5)
3	I	20	<b>Irene Schouten</b>	HN	<b>4:24.11</b>	
	O	5	<b>Floor van den Brandt</b>	BR	<b>4:35.35</b>	
			<b>Irene Schouten</b>	<b>Floor van den Brandt</b>		
1.		200m	20.39 (20.3)	1.	200m	20.36 (20.3)
2.		600m	53.84 (33.4)	2.	600m	54.50 (34.1)
3.		1000m	1:28.10 (34.2)	3.	1000m	1:29.68 (35.1)
4.		1400m	2:02.78 (34.6)	4.	1400m	2:05.85 (36.1)
5.		1800m	2:37.84 (35.0)	5.	1800m	2:42.37 (36.5)
6.		2200m	3:13.06 (35.2)	6.	2200m	3:19.77 (37.4)
7.		2600m	3:48.84 (35.7)	7.	2600m	3:57.33 (37.5)
8.		3000m	4:24.11 (35.2)	8.	3000m	4:35.35 (38.0)

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4	I	21	<b>Janine Smit</b>	HV	<b>4:35.34</b>	
	O	17	<b>Rosa Pater</b>	AL	<b>4:37.77</b>	
			<b>Janine Smit</b>			<b>Rosa Pater</b>
1.		200m	20.43 (20.4)	1.	200m	21.13 (21.1)
2.		600m	54.27 (33.8)	2.	600m	55.71 (34.5)
3.		1000m	1:30.46 (36.1)	3.	1000m	1:31.81 (36.1)
4.		1400m	2:06.80 (36.3)	4.	1400m	2:08.22 (36.4)
5.		1800m	2:43.18 (36.3)	5.	1800m	2:45.06 (36.8)
6.		2200m	3:20.13 (36.9)	6.	2200m	3:22.31 (37.2)
7.		2600m	3:57.78 (37.6)	7.	2600m	4:00.25 (37.9)
8.		3000m	4:35.34 (37.5)	8.	3000m	4:37.77 (37.5)
5	I	1	<b>Lotte van Beek</b>	DV	<b>4:21.03</b>	
	O	16	<b>Yvonne Nauta</b>	HV	<b>4:18.84</b>	TR
			<b>Lotte van Beek</b>			<b>Yvonne Nauta</b>
1.		200m	19.98 (19.9)	1.	200m	20.14 (20.1)
2.		600m	52.50 (32.5)	2.	600m	52.33 (32.1)
3.		1000m	1:26.58 (34.0)	3.	1000m	1:25.96 (33.6)
4.		1400m	2:01.13 (34.5)	4.	1400m	1:59.80 (33.8)
5.		1800m	2:35.77 (34.6)	5.	1800m	2:34.18 (34.3)
6.		2200m	3:10.59 (34.8)	6.	2200m	3:08.70 (34.5)
7.		2600m	3:45.45 (34.8)	7.	2600m	3:43.68 (34.9)
8.		3000m	4:21.03 (35.5)	8.	3000m	4:18.84 (35.1)