

11 - Resultaat in paren - Heren 10000 meter

Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
1	I	1	Ted-Jan Bloemen	UT	13:20.22	

Ted-Jan Bloemen

1.	400m	33.53	(33.5)	1.
2.	800m	1:04.45	(30.9)	2.
3.	1200m	1:36.10	(31.6)	3.
4.	1600m	2:07.80	(31.7)	4.
5.	2000m	2:39.33	(31.5)	5.
6.	2400m	3:11.05	(31.7)	6.
7.	2800m	3:42.72	(31.6)	7.
8.	3200m	4:14.55	(31.8)	8.
9.	3600m	4:46.51	(31.9)	9.
10.	4000m	5:18.59	(32.0)	10.
11.	4400m	5:50.87	(32.2)	11.
12.	4800m	6:22.94	(32.0)	12.
13.	5200m	6:55.02	(32.0)	13.
14.	5600m	7:26.75	(31.7)	14.
15.	6000m	7:58.16	(31.4)	15.
16.	6400m	8:29.77	(31.6)	16.
17.	6800m	9:01.35	(31.5)	17.
18.	7200m	9:33.28	(31.9)	18.
19.	7600m	10:05.59	(32.3)	19.
20.	8000m	10:38.13	(32.5)	20.
21.	8400m	11:10.74	(32.6)	21.
22.	8800m	11:43.45	(32.7)	22.
23.	9200m	12:16.26	(32.8)	23.
24.	9600m	12:48.17	(31.9)	24.
25.	10000m	13:20.22	(32.0)	25.

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Rit	I/O	Dln	Deelnemer	Baan	Tijd	Info
2	I	23	Mark Ooijevaar	HN	13:28.60	
	O	8	Willem Hut	AS	13:28.84	PB
			Mark Ooijevaar			Willem Hut
1.		400m	36.31 (36.3)	1.	400m	36.17 (36.1)
2.		800m	1:07.54 (31.2)	2.	800m	1:07.42 (31.2)
3.		1200m	1:39.26 (31.7)	3.	1200m	1:39.19 (31.7)
4.		1600m	2:10.75 (31.4)	4.	1600m	2:10.82 (31.6)
5.		2000m	2:42.61 (31.8)	5.	2000m	2:42.64 (31.8)
6.		2400m	3:14.02 (31.4)	6.	2400m	3:14.35 (31.7)
7.		2800m	3:45.96 (31.9)	7.	2800m	3:46.34 (31.9)
8.		3200m	4:17.76 (31.8)	8.	3200m	4:18.73 (32.3)
9.		3600m	4:50.02 (32.2)	9.	3600m	4:51.10 (32.3)
10.		4000m	5:22.03 (32.0)	10.	4000m	5:23.12 (32.0)
11.		4400m	5:54.24 (32.2)	11.	4400m	5:55.56 (32.4)
12.		4800m	6:26.67 (32.4)	12.	4800m	6:27.99 (32.4)
13.		5200m	6:59.13 (32.4)	13.	5200m	7:00.86 (32.8)
14.		5600m	7:31.70 (32.5)	14.	5600m	7:33.62 (32.7)
15.		6000m	8:04.31 (32.6)	15.	6000m	8:06.03 (32.4)
16.		6400m	8:37.01 (32.7)	16.	6400m	8:38.86 (32.8)
17.		6800m	9:10.00 (32.9)	17.	6800m	9:11.56 (32.7)
18.		7200m	9:43.18 (33.1)	18.	7200m	9:43.77 (32.2)
19.		7600m	10:16.33 (33.1)	19.	7600m	10:15.95 (32.1)
20.		8000m	10:49.22 (32.8)	20.	8000m	10:48.40 (32.4)
21.		8400m	11:22.38 (33.1)	21.	8400m	11:20.67 (32.2)
22.		8800m	11:55.29 (32.9)	22.	8800m	11:53.04 (32.3)
23.		9200m	12:28.00 (32.7)	23.	9200m	12:25.73 (32.6)
24.		9600m	12:59.21 (31.2)	24.	9600m	12:58.17 (32.4)
25.		10000m	13:28.60 (29.3)	25.	10000m	13:28.84 (30.6)

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Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
3	I	10	Ben Jongejan	DH	13:36.21	
	O	30	Tom Schuit	AL	13:47.28	
			Ben Jongejan			Tom Schuit
1.		400m	35.77 (35.7)	1.	400m	36.18 (36.1)
2.		800m	1:07.52 (31.7)	2.	800m	1:07.97 (31.7)
3.		1200m	1:40.27 (32.7)	3.	1200m	1:39.92 (31.9)
4.		1600m	2:12.57 (32.3)	4.	1600m	2:12.31 (32.3)
5.		2000m	2:45.17 (32.6)	5.	2000m	2:44.51 (32.2)
6.		2400m	3:17.29 (32.1)	6.	2400m	3:16.52 (32.0)
7.		2800m	3:49.41 (32.1)	7.	2800m	3:48.25 (31.7)
8.		3200m	4:21.74 (32.3)	8.	3200m	4:20.31 (32.0)
9.		3600m	4:53.87 (32.1)	9.	3600m	4:52.48 (32.1)
10.		4000m	5:26.17 (32.3)	10.	4000m	5:24.96 (32.4)
11.		4400m	5:58.83 (32.6)	11.	4400m	5:57.77 (32.8)
12.		4800m	6:31.35 (32.5)	12.	4800m	6:30.85 (33.0)
13.		5200m	7:04.13 (32.7)	13.	5200m	7:03.72 (32.8)
14.		5600m	7:36.84 (32.7)	14.	5600m	7:36.75 (33.0)
15.		6000m	8:09.65 (32.8)	15.	6000m	8:10.23 (33.4)
16.		6400m	8:42.42 (32.7)	16.	6400m	8:43.77 (33.5)
17.		6800m	9:15.15 (32.7)	17.	6800m	9:17.39 (33.6)
18.		7200m	9:47.66 (32.5)	18.	7200m	9:50.97 (33.5)
19.		7600m	10:20.27 (32.6)	19.	7600m	10:24.76 (33.7)
20.		8000m	10:52.67 (32.4)	20.	8000m	10:58.87 (34.1)
21.		8400m	11:25.12 (32.4)	21.	8400m	11:33.30 (34.4)
22.		8800m	11:57.72 (32.6)	22.	8800m	12:07.36 (34.0)
23.		9200m	12:30.55 (32.8)	23.	9200m	12:41.31 (33.9)
24.		9600m	13:03.25 (32.7)	24.	9600m	13:14.42 (33.1)
25.		10000m	13:36.21 (32.9)	25.	10000m	13:47.28 (32.8)

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Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
4	I	9	Bob de Jong	HA	12:53.63	PB
	O	12	Arjen vd Kieft	HA	13:02.99	PB
			Bob de Jong			
1.		400m	34.71 (34.7)	1.	400m	35.62 (35.6)
2.		800m	1:05.74 (31.0)	2.	800m	1:06.87 (31.2)
3.		1200m	1:36.96 (31.2)	3.	1200m	1:37.51 (30.6)
4.		1600m	2:08.14 (31.1)	4.	1600m	2:08.23 (30.7)
5.		2000m	2:39.26 (31.1)	5.	2000m	2:38.89 (30.6)
6.		2400m	3:10.03 (30.7)	6.	2400m	3:09.77 (30.8)
7.		2800m	3:40.92 (30.8)	7.	2800m	3:40.61 (30.8)
8.		3200m	4:11.67 (30.7)	8.	3200m	4:11.44 (30.8)
9.		3600m	4:42.64 (30.9)	9.	3600m	4:42.41 (30.9)
10.		4000m	5:13.38 (30.7)	10.	4000m	5:13.30 (30.8)
11.		4400m	5:44.27 (30.8)	11.	4400m	5:44.03 (30.7)
12.		4800m	6:14.92 (30.6)	12.	4800m	6:14.78 (30.7)
13.		5200m	6:45.84 (30.9)	13.	5200m	6:45.72 (30.9)
14.		5600m	7:16.58 (30.7)	14.	5600m	7:16.76 (31.0)
15.		6000m	7:47.42 (30.8)	15.	6000m	7:47.67 (30.9)
16.		6400m	8:18.11 (30.6)	16.	6400m	8:18.70 (31.0)
17.		6800m	8:48.55 (30.4)	17.	6800m	8:49.97 (31.2)
18.		7200m	9:19.22 (30.6)	18.	7200m	9:21.45 (31.4)
19.		7600m	9:50.03 (30.8)	19.	7600m	9:53.02 (31.5)
20.		8000m	10:20.61 (30.5)	20.	8000m	10:24.77 (31.7)
21.		8400m	10:51.31 (30.7)	21.	8400m	10:56.38 (31.6)
22.		8800m	11:21.91 (30.6)	22.	8800m	11:27.99 (31.6)
23.		9200m	11:52.81 (30.9)	23.	9200m	11:59.72 (31.7)
24.		9600m	12:23.37 (30.5)	24.	9600m	12:31.41 (31.6)
25.		10000m	12:53.63 (30.2)	25.	10000m	13:02.99 (31.5)
			Arjen vd Kieft			

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Rit	I/O	DIn	Deelnemer	Baan	Tijd	Info
5	I	33	Carl Verheijen	UT	13:11.01	
	O	22	Wouter Olde Heuvel	EN	13:30.41	
			Carl Verheijen			Wouter Olde Heuvel
1.		400m	34.18 (34.1)	1.	400m	33.62 (33.6)
2.		800m	1:04.47 (30.2)	2.	800m	1:04.09 (30.4)
3.		1200m	1:35.52 (31.0)	3.	1200m	1:34.62 (30.5)
4.		1600m	2:06.53 (31.0)	4.	1600m	2:05.77 (31.1)
5.		2000m	2:37.60 (31.0)	5.	2000m	2:36.63 (30.8)
6.		2400m	3:08.52 (30.9)	6.	2400m	3:07.89 (31.2)
7.		2800m	3:39.87 (31.3)	7.	2800m	3:39.27 (31.3)
8.		3200m	4:11.01 (31.1)	8.	3200m	4:11.22 (31.9)
9.		3600m	4:42.11 (31.1)	9.	3600m	4:43.24 (32.0)
10.		4000m	5:13.47 (31.3)	10.	4000m	5:15.20 (31.9)
11.		4400m	5:44.76 (31.2)	11.	4400m	5:47.53 (32.3)
12.		4800m	6:15.95 (31.1)	12.	4800m	6:20.17 (32.6)
13.		5200m	6:47.41 (31.4)	13.	5200m	6:53.11 (32.9)
14.		5600m	7:19.12 (31.7)	14.	5600m	7:26.04 (32.9)
15.		6000m	7:50.65 (31.5)	15.	6000m	7:59.09 (33.0)
16.		6400m	8:22.00 (31.3)	16.	6400m	8:32.12 (33.0)
17.		6800m	8:53.55 (31.5)	17.	6800m	9:05.36 (33.2)
18.		7200m	9:25.02 (31.4)	18.	7200m	9:38.70 (33.3)
19.		7600m	9:56.70 (31.6)	19.	7600m	10:11.94 (33.2)
20.		8000m	10:28.43 (31.7)	20.	8000m	10:45.40 (33.4)
21.		8400m	11:00.38 (31.9)	21.	8400m	11:18.58 (33.1)
22.		8800m	11:32.71 (32.3)	22.	8800m	11:51.73 (33.1)
23.		9200m	12:05.32 (32.6)	23.	9200m	12:24.61 (32.8)
24.		9600m	12:37.94 (32.6)	24.	9600m	12:57.53 (32.9)
25.		10000m	13:11.01 (33.0)	25.	10000m	13:30.41 (32.8)